

# Balls Food Stores

# 2017 Benefits Plan Provider Information

<p><b>Health Insurance Provider</b>  <b>Blue Cross Blue Shield of South Carolina</b>  Plan Options: 1) Preferred Care Blue PPO Network  2) Blue Select Plus Narrow Network</p> <p>Claim Questions, Explanation of Benefits, Provider Eligibility  <b>Card Replacements</b>, Claim Forms, Healthy Education</p>	<p>Provider Eligibility: 1-800-810-2583  Customer Service: 1-888-495-9340  Copays: Doctors Visit: \$20  Specialist: \$40 Emergency Room: \$100</p>	<p><a href="http://www.myhealthtoolkitKC.com">www.myhealthtoolkitKC.com</a>  Explanation of Benefits Statements  Find a doctor: use the 3-letter prefix FOH</p>
<p><b>1. Start Now – Strategic Health Services</b>  Questions regarding Wellness Discounts and Qualifications</p> <p><b>2. Start Now Hotline</b> (Discounts and Qualification Appeals)</p>	<p>1-800-550-2427, Option #4</p> <p>913-321-3663 Ext: 3444</p>	<p><a href="http://www.MyPathwaytoHealth.com">www.MyPathwaytoHealth.com</a>  Complete HRA &amp; Tobacco Use Statement</p> <p><a href="http://www.ballsfoods.com/benefits">www.ballsfoods.com/benefits</a></p>
<p><b>Dental – Cigna</b>  <b>No card Needed</b> – Provide SS# and DOB</p>	<p>1-800-244-6224</p>	<p><a href="http://www.MyCigna.com">www.MyCigna.com</a>  Find a Provider, Check Coverage,  Manage Claims, Estimate Costs</p>
<p><b>Vision - Cigna</b>  Card Issued, but not required – Provide SS# and DOB</p>	<p>1-877-478-7557</p>	
<p><b>Prescriptions - Medtrak Help Desk</b>  Must use Ball’s Price Chopper or Hen House pharmacies to fill all prescriptions</p>	<p>1-800-771-4648</p>	<p><a href="http://www.medtrakservices.com">www.medtrakservices.com</a></p>
<p><b>Teladoc on-Demand consult ( Copay \$10)</b></p>	<p>1-800-835-2362</p>	<p><a href="http://www.teladoc.com">www.teladoc.com</a> or use Moble App</p>
<p><b>Flexible Spending Account (FSA) Balance Check</b></p>	<p>1-800-300-5248</p>	<p><a href="http://www.myhealthtoolkitKC.com">www.myhealthtoolkitKC.com</a></p>
<p><b>Trustmark – Accident / Universal Life  Critical Illness and Cancer Combo Plan</b></p>	<p>1-800-918-8877</p>	<p><a href="http://www.trustmarksolutions.com/individuals">www.trustmarksolutions.com/individuals</a></p>
<p><b>TransAmerica – Cancer (Only)</b></p>	<p>1-877-763-7474</p>	<p><a href="http://www.TransAmerica.com">www.TransAmerica.com</a></p>
<p><b>Life and Accidental Death and Dismemberment  LTD - Long-Term Disability - Cigna</b></p>	<p>1-800-997-1654</p>	<p><a href="http://www.cigna.com">www.cigna.com</a></p>
<p><b>AIG – Long Term Disability</b></p>	<p>1-877-672-1648</p>	
<p><b>Principal Financial Group – 401k Plan</b></p>	<p>1-800-547-7754</p>	<p><a href="http://www.principal.com">www.principal.com</a></p>
<p><b>New Directions – Employee Assistance Program</b></p>	<p>1-800-624-5544</p>	<p><a href="http://www.ndbh.com">www.ndbh.com</a> (Company Code: balls)</p>
<p><b>Balls Food Stores - Benefit Plan Support</b>  General Benefits Eligibility and Costs, Complex Claim Questions,  Medical Leaves, Benefit Deductions, Add/Drop Dependent(s)  Death Claims, Long Term Disability</p>	<p>913-573-1226</p>	<p>Email: <a href="mailto:benefits@ballsfoods.com">benefits@ballsfoods.com</a></p> <p><a href="http://www.ballsfoods.com/benefits">www.ballsfoods.com/benefits</a></p>